

*Let your
light shine*

MATTHEW 5:16



Hedgehog Class Get Busy with Pumpkins!

Hedgehog Class had a fantastic time this week investigating the inside of pumpkins as part of their autumn learning.

The children were very excited to explore the pumpkins and discover what was hiding inside. They carefully cut them open and had great fun scooping out the slimy seeds and soft pumpkin flesh. There were lots of smiles, giggles, and comments about how the pumpkins looked, felt, and smelled!

As they explored, the children used descriptive language to talk about the different textures, comparing the smooth outer skin with the stringy, sticky insides. They also practised their observation skills by looking closely at the seeds and discussing how pumpkins grow.



Cooking Club

This month in Cooking Club, the children got creative by making some fantastic Creative Creatures! Using a variety of ingredients, they designed and decorated their own edible creatures, showing great imagination. Everyone had lots of fun and enjoyed tasting their creations at the end of the session.



St Lawrence Church, Rushton Spencer "Remembrance Service"

Sunday 8th November 2026
led by Mrs Glenys Terry
starting at 10.30am

*Including poems read out by the children of Rushton First School.
Mr Ian Lovatt will be our organist.*

"All Welcome"





ARTS & CRAFTS CLUB



EVERY TUESDAY 3.10-4.10

UNTIL CHRISTMAS IN
AFTER SCHOOL CLUB.

BOOK VIA ARBOR

Get festive
and create
your own
beautiful
Christmas
wreath!



Christmas WREATH MAKING WORKSHOP

Friends of Rushton PTA



ALL FUNDS RAISED GO TO
RUSHTON FIRST SCHOOL



7.30PM

MONDAY 30TH NOVEMBER

— OR —

MONDAY 7TH DECEMBER



VENUE

ROYAL OAK RUSHTON

£25

PER PERSON

LED BY

Karen Salt

FROM RUDYARD FLOWERS

Booking required via
♥ Martina



07729 045510 ♥

Parenting Workshops

Practical advice, support and tips for you and your family

Join our friendly and informal **online workshops**, designed to give you the knowledge and confidence to support your child's health, development and wellbeing.

Wednesday
30th September
5.30 – 6.45pm

Understanding Child's Behaviour

Explore why children behave the way they do and learn positive tips and strategies to support them.



Monday
12th October
10.00 – 11.30am

Healthy Teeth

Find out how to care for your child's teeth, with practical tips on brushing, diet and keeping little smiles healthy.



Thursday
5th November
10.00 – 11.15am

Starting Solids

Learn about when and how to introduce solid foods, what to offer and top tips for a positive experience.



Monday
16th November
4.00 – 5.15pm

Looking After Ourselves

A supportive session on your own health and wellbeing, with simple ideas to help you feel your best.



Thursday
3rd December
1.00 – 2.15pm

Fussy Eating

Get practical advice and strategies to help with fussy eating and encourage a healthy, balanced diet.



Thursday
17th December
10.00 – 11.15am

Eating Well for Less

Learn how to cook healthy, tasty meals on a budget, with tips, ideas and simple recipes.



All sessions
are **FREE!**



Scan the QR code
to book your place

Spaces are limited, so book early
to avoid disappointment.



All sessions
are online



For more information call 01827 475222





The Incredible Years

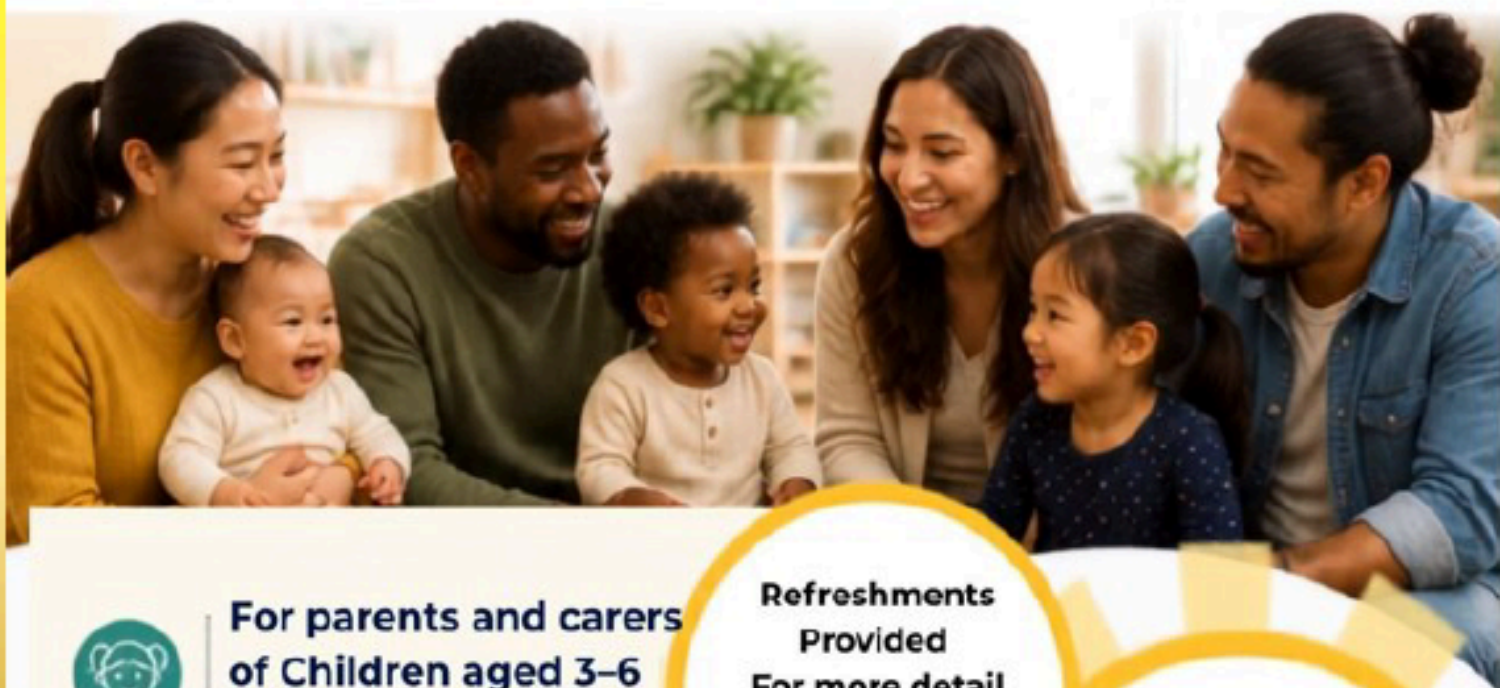


The Incredible Years® Series

Evidence-based Parenting Programs

Evidence Based Early Intervention programme for parents and carers in small groups led by Family Hub Coaches who are trained professionals. For Families with children who present with social, emotional and developmental issues including conduct, ADHD, learning delays and internalising problems.

We aim to reduce stress, increase parental confidence and positive parent with child interaction using strategies with play, behaviour, modification, emotional wellbeing and boundaries.



**For parents and carers
of Children aged 3-6
years**

**Refreshments
Provided
For more detail
call
01782 297970**

**STARTS: TUESDAY 6TH OCTOBER
TIME: 10:00AM - 12NOON
8-10 WEEK COURSE**

**At Staffordshire Moorlands Family
Hub, Albert Street, Biddulph,
ST8 6DT**

**SCAN THE QR TO
BOOK**

