WEEKLY NEWSLETTER 13th November 2026

Let your light shine

MATTHEW 5:16

RUSHTON CE FIRST SCHOOL

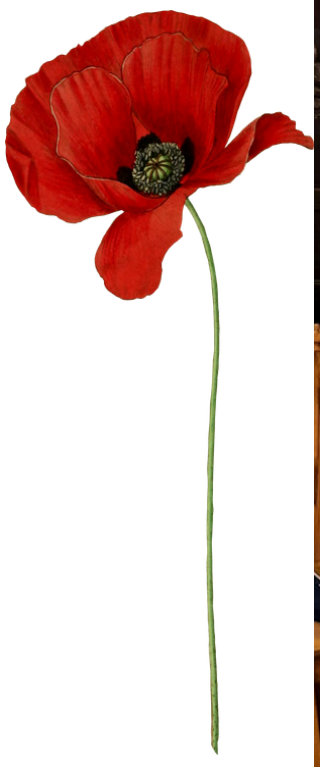


THANK YOU, RUSHTON!

A huge thank you to the pupils of Rushton who supported Sunday's Remembrance Service at St Lawrence's Church. The children confidently read poems during the service and their contributions were warmly received by the congregation.

Mrs Terry would like to extend her sincere thanks to both the children and their parents for their support in helping to make the service such a special occasion. On Armistice Day on Wednesday, all children and staff also observed a minute's silence. Together, we took time to be still, reflect peacefully, and remember those who have served and sacrificed for our country.

We are very proud of the respect, maturity and thoughtfulness shown by our pupils throughout this important week of remembrance.





FIVE WAYS TO WELLBEING WORKSHOP

Today, our youngest children and their families enjoyed a Five Ways to Wellbeing workshop led by Emily, our Educational Mental Health Practitioner.

The session introduced families to the five simple ways to support positive mental health and wellbeing: Connect, Be Active, Take Notice, Keep Learning, and Give. Through a range of fun and engaging activities, the children explored each of these themes and thoroughly enjoyed learning together with their parents and carers.

We would like to thank Emily for leading such an informative and enjoyable session, and extend our thanks to all the parents who were able to join us. It was lovely to see families learning alongside one another and sharing experiences that can support wellbeing both at school and at home. The children had a great time and participated enthusiastically throughout the workshop.



WE NEED YOUR HELP...

Christmas Market- We Need Your Help!

Our Christmas Fundraiser is fast approaching, and we are asking for the support of our wonderful school community to help make it a fantastic event for everyone.

We are currently looking for raffle prizes and would be grateful if parents, families, or local businesses could donate an item, voucher, hamper, or experience. If you are able to approach a local business for support and require a letter that includes the PTA's charity number, please let us know and we will be happy to provide one.

We will also be looking for help with selling raffle tickets in the lead up to the event. Every ticket sold helps to raise valuable funds for our school.

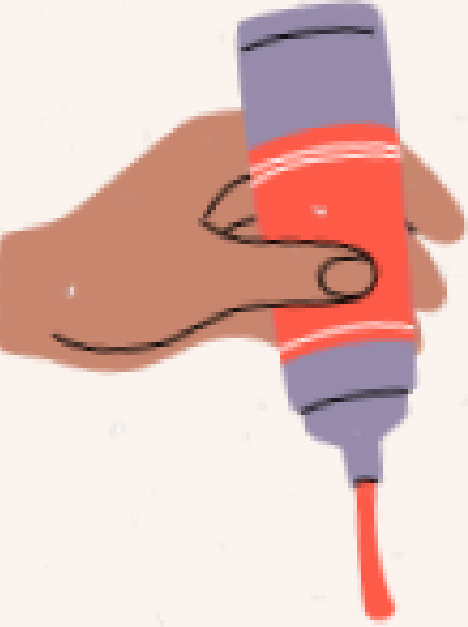
A reminder that members of the PTA committee would love some extra help on Tuesday 17th November from 2.00pm to prepare the tombola and other stalls. Children can attend after-school club from 3.10pm if this helps parents who are volunteering.

We are also finalising a list of volunteer roles needed during the event itself. If you are able to spare some time on the day, please let a member of the PTA or the school office know.

The Christmas Market is suitable for all ages, and we are delighted that Heaton House will be providing refreshments and drinks throughout the event.

Thank you for your continued support. We look forward to working together to make this year's Christmas Fair another great success!







ARTS & CRAFTS CLUB



EVERY TUESDAY 3.10-4.10

UNTIL CHRISTMAS IN AFTER SCHOOL CLUB.

BOOK VIA ARBOR

Get festive and create your own beautiful Christmas wreath!

Christmas WREATH MAKING WORKSHOP

Friends of Rushton PTA

ALL FUNDS RAISED GO TO
RUSHTON FIRST SCHOOL

7.30PM
MONDAY 30TH NOVEMBER
OR
MONDAY 7TH DECEMBER

VENUE
ROYAL OAK RUSHTON

£25
PER PERSON

LED BY
Karen Salt
FROM RUDYARD FLOWERS

Booking required via *Martina*
07729 045510

Friends of Rushton School
proudly presents their annual

Christmas Market

WEDNESDAY 25TH NOVEMBER 2026

5PM - 8PM

HEATONHOUSE FARM
RUSHTONSPENCER, SK110RD

SHOPPING | GIFTS
BAR | HOT FOOD

TICKETS NOW ON SALE
£2 per adult

To book a stall contact
friendsofrushtonprimary@gmail.com

Heaton House Farm

Stable Yard Catering

Rushton First School PTA

Raffle Prize Donations Needed!

We have a couple of exciting fundraising events coming up, including our

Christmas Market & **Wreath Making**

...both of which will have a raffle!

St Lawrence's Church

We are also collecting for their raffle.

We are asking local businesses and anyone who would like to contribute, big or small, to help us put together our raffle prize hampers.

There is no donation too small as we can make up hampers.

Thank you for your support!

Family Hub
Staffordshire

BEST START IN LIFE | FAMILY HUBS

Parenting Workshops

Practical advice, support and tips for you and your family

Join our friendly and informal **online workshops**, designed to give you the knowledge and confidence to support your child's health, development and wellbeing.

Wednesday 30th September
5.30 – 6.45pm

Understanding Child's Behaviour

Explore why children behave the way they do and learn positive tips and strategies to support them.



Monday 12th October
10.00 – 11.30am

Healthy Teeth

Find out how to care for your child's teeth, with practical tips on brushing, diet and keeping little smiles healthy.



Thursday 5th November
10.00 – 11.15am

Starting Solids

Learn about when and how to introduce solid foods, what to offer and top tips for a positive experience.



Monday 16th November
4.00 – 5.15pm

Looking After Ourselves

A supportive session on your own health and wellbeing, with simple ideas to help you feel your best.



Thursday 3rd December
1.00 – 2.15pm

Fussy Eating

Get practical advice and strategies to help with fussy eating and encourage a healthy, balanced diet.



Thursday 17th December
10.00 – 11.15am

Eating Well for Less

Learn how to cook healthy, tasty meals on a budget, with tips, ideas and simple recipes.



All sessions are FREE!

Scan the QR code to book your place

Spaces are limited, so book early to avoid disappointment.



All sessions are online

For more information call 01827 475222

The Incredible Years

The Incredible Years® Series

Evidence-based Parenting Programs

Evidence Based Early Intervention programme for parents and carers in small groups led by Family Hub Coaches who are trained professionals. For Families with children who present with social, emotional and developmental issues including conduct, ADHD, learning delays and internalising problems.

We aim to reduce stress, increase parental confidence and positive parent with child interaction using strategies with play, behaviour. modification, emotional wellbeing and boundaries.



For parents and carers of Children aged 3–6 years

Refreshments Provided
For more detail call 01782 297970

STARTS: TUESDAY 6TH OCTOBER
TIME: 10:00AM - 12NOON
8-10 WEEK COURSE

At Staffordshire Moorlands Family Hub, Albert Street, Biddulph, ST8 6DT

SCAN THE QR TO BOOK